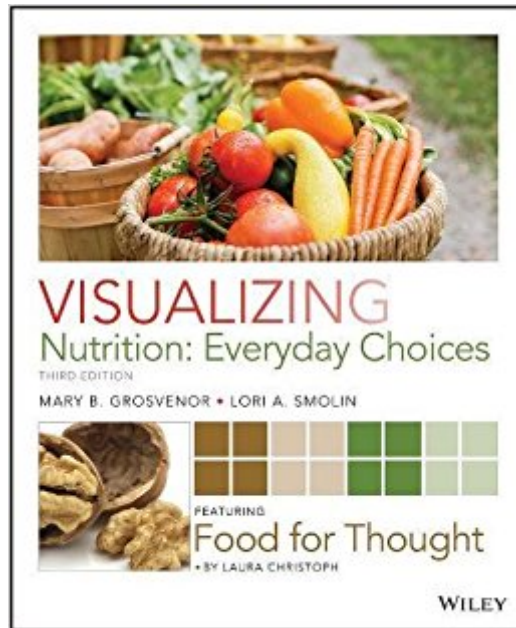




The book was found

# Visualizing Nutrition: Everyday Choices



## Synopsis

NEW for Spring 2017: Visualizing Nutrition Featuring Food For Thought. This extensive video suite is available through WileyPLUS Learning Space. Videos introduce students to upcoming chapter concepts, underscore the importance of nutritional choices on health, illuminate difficult scientific concepts, and point out helpful practice opportunities and resources in WileyPLUS Learning Space to help them focus their time and study effectively. This digital update also includes an instructor video for each chapter. Visualizing Nutrition, 3e is intended for a one-term course in Introductory Nutrition taught at both two- and four-year schools. Visualizing Nutrition, 3e offers students a valuable opportunity to identify and connect the central issues of nutritional science in a visual approach. As students explore the critical topics of nutrition, they create a desire to understand the topics through demonstration of their relevance to the reader's personal life. The material provides students with the decision-making skills needed throughout their lifespan to navigate the myriad choices they will face in promoting their good health and in preventing disease. Visualizing Nutrition's critical thinking approach and a solid underpinning of the process of science empowers students to be knowledgeable consumers when faced with decisions about what to eat. The premier art program, interactive components, and applicable content make this a sure winner in sharing one's passion for Nutrition and engaging students.

## Book Information

Paperback: 576 pages

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Average Customer Review: 3.9 out of 5 stars 107 customer reviews

Best Sellers Rank: #3,014 in Books (See Top 100 in Books) #62 in Books > Health, Fitness & Dieting > Nutrition #73 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets #930 in Books > Textbooks

## Customer Reviews

Some Things Are Just Better New --This text refers to the Loose Leaf edition.

Its a book that had to be purchased. Does not come with code for on-line literature.

I bought this book for a course I was taking. It's an easy read. It covers the basics of nutrition. Anyone who wants an idea of health with an easy approach then this is the book for you. There are a lot of pictures and diagrams. If you're looking for an in-depth view of nutrition this is not the book for you. Each chapter is about 24 pages and then there are an additional 3 pages dedicated to a summary of the the chapter as well as a 2-page mini quiz. There is a total of 14 chapters.

I needed this book for my college class Intro to Nutrition. I am headed back to finish my degree after a 20 year college absence. This book is more then helpful for me to reach my goals. There is also online websites that go with the book for even additional help. I was surprised to find it was a binder book as that was not stated in the product information. It works fine, but that information would have been nice to know ahead of time.

This was a text book needed for a college class. I saved over \$60 by renting the electronic version from vs purchasing it from the schools book store. That was awesome savings. I was able to download chapters whenever and had no difficulties. Book had a wealth of information that helped with tests and final exam, but also on nutritional tips, exercise advise, and supplement facts to apply in real life to live healthier. Overall no complaints

Great quality

Many pages were ripped out but for the most part the book has been a good resource.

This book doesn't come with a Wiley Access Code, even if bought new. The code itself will cost you \$75, on it's listed for ~ \$120, and the book with everything included will cost \$165 through Wiley themselves.

Used for nutrition class I took. Most of the info was in the PowerPoints our teacher made so I didn't use it that much, but I used it some. I rented the kindle version for my laptop and I found it as helpful if not more helpful than having a hard copy.

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